



2024 Stafford Men's Invitational Session Times

Friday, January 26th

Session 1	10:30 AM	Open Stretch
Bronze and Silver	1:30 PM	Awards

Aerial East, Apex, G Force, Gym Quest, Gymnastics World, Gymstrada, Williamsburg, Youth Sports

Session 2	2:00 PM	Open Stretch
Level 3D1 and Gold	5:00 PM	Awards

Aerial East, Apex, Dynamic, G Force, Gym Quest, Gymstrada, Paragon, Stafford Royals, Williamsburg, Youth Sports

Session 3	5:30 PM	Open Stretch
Level 3D2 and 4D1	8:30 PM	Awards

Aerial East, Apex, Dynamic, Gymstrada, Paragon, Pure, Stafford Royals, Williamsburg, Youth Sports

Saturday, January 27th

Session 4	9:00 AM	Open Stretch
Level 4D2 and 5D2	12:00 PM	Awards

Aerial East, Apex, Dynamic, Gym America, Gymstrada, Pure, Youth Sports

Session 5	12:30 PM	Open Stretch
Level 5D1, 7, 9 and Platinum	3:30 PM	Awards

Aerial East, G Force, Gym America, Gymstrada, Paragon, Stafford Royals, Youth Sports

*Live scoring will be available at
MeetScoresOnline.com and myUSAGym.com*