

**2024 Stafford Women's Invitational
Session Times**

Friday, January 26th		
Session 1 Xcel Bronze Aerial East (2 squads), Astro, GMS, Gym America, Gym Quest, Novaks, Stafford Royals (2 squads), Triple T, Williamsburg (2 squads)	10:00 AM 12:45 PM	Open Stretch Awards
Session 2 Level 2 & 3 Astro, Central VA, Dynamic(FC), East Coast, GMS (2 squads), Gym America, Gym Quest, Novaks, Shenandoah Tumblers, Triple T, Williamsburg	1:15 PM 4:15 PM	Open Stretch Awards
Session 3 Level 4 & 5 Apollo, Astro, Central VA, Dynamic(FC), East Coast, GMS (2 squads), Gym America, Novaks, Shenandoah Tumblers, Williamsburg	4:45 PM 8:15 PM	Open Stretch Awards
Saturday, January 27th		
Session 4 Level 6 & 7 Aerial East, Apollo, Astro, Dynamic(FC), East Coast, GMS, Gym America, Gym Quest, Novaks, Shenandoah Tumblers, Stafford Royals, Triple T, Williamsburg	8:00 AM 11:00 AM	Open Stretch Awards
Session 5 Xcel Platinum Aerial East, DDGA Clarksburg, Dynamic(FC), East Coast, GMS, Gym America, Gym Quest, Novaks, Stafford Royals, Triple T, TWA, Williamsburg	11:30 AM 3:00 PM	Open Stretch Awards
Session 6 Levels 8, 9, & Xcel Diamond Central VA, DDGA Clarksburg, Dynamic(FC), East Coast, GMS (2 squads), Gym America, Gym Quest, Shenandoah Tumblers (2 squads), Stafford Royals, Williamsburg	3:30 PM 7:00 PM	Open Stretch Awards
Sunday, January 28th		
Session 7 Xcel Silver & Gold Aerial East (Silver, 2 squads), Astro (Silver), GMS (Gold), Gym Quest (Silver), Novaks (Gold), Stafford Royals (Silver, 2 squads), Williamsburg (Gold)	8:00 AM 11:00 AM	Open Stretch Awards
Session 8 Xcel Silver DDGA Rockville (2 squads) Dynamic (FC), East Coast, GMS, Gym America (2 squads), Novaks, Shenandoah Tumblers, TWA, Williamsburg	11:30 AM 2:30 PM	Open Stretch Awards
Session 9 Xcel Gold Aerial East (2 squads), Astro, DDGA Clarksburg, Dynamic (FC), East Coast, Gym America, Gym Quest, Shenandoah Tumblers, Stafford Royals	3:00 PM 6:30 PM	Open Stretch Awards

Note:

Individual awards will be presented every session

Team awards will be presented at the final session each level competes

*Live scoring will be available at
MeetScoresOnline.com and myUSAGym.com*